



ERIN BLOTT

Rank: SILVER
Location: Wallaroo SA
Start Date: March 2015



How were you introduced to dōTERRA?

Our family was going through major lifestyle changes as we worked to accommodate our son's multiple food/gut intolerances. We were generally a healthy and active family but began replacing everything in our home with natural and additive free solutions.

I spent a lot of time researching and making everything from scratch to do everything I could to ensure our son's gut health could improve but we were still missing something. We didn't have a safe, natural and effective way to help support our health care needs.

I was contacted by a family friend who sent me out some samples to try. For whatever reason it took me a little while to open and use the samples but when I did I was completely blown away.

I still remember the magnificent aroma and uplifting feeling I experienced when I opened Citrus Bliss, it was then I realised these oils were like nothing I had ever

experienced. I will be forever

grateful for that introduction to these life changing oils which have paved the way for our family's holistic health and wellness journey.

What's been your biggest learning/insight into the products?

I am overwhelmed by the heart, passion, commitment and hard work that goes into every single bottle of dōTERRA's essential oils to ensure their purity. I love that each plant is grown and harvested in it's indigenous environment where dōTERRA can work closely with the farmers and growers in these regions to ensure that they are emotionally and financially cared for.

"It is so incredibly satisfying watching the way these oils change and influence the lives of those that I have shared them with."

The emotional and physical support that these amazingly pure essential oils have provided my family and myself has been outstanding. I feel incredibly empowered being able to take back the responsibility of my health and provide my family with natural solutions for all of our health care needs. It is so incredibly satisfying watching the way these oils change and influence the lives of those that I have shared them with. There is so much love and gratitude that flows from every single person that they touch.

In reaching SILVER, what was key to helping you achieve this rank?

Being passionate, motivated and honest. It is extremely important to be passionate about the product then the sharing comes naturally. When you ooze enthusiasm people are drawn in and want to know more. I made my intentions clear for the month I wanted to hit SILVER. I had built a solid foundation at Premier and knew that with my passion and motivation I could achieve it. I reached out to my team, my uplines and mentors who supported me wholeheartedly.

I worked hard to expand my contact list, taught workshops in towns that I had never been to and shared the oils with everyone that I met. The experience was incredible. At the time I only had one builder/leader so as well as supporting her I needed to put a lot of energy into the rest of my business structure. I also spent a lot of time on personal development which I believe is incredibly important.

To enable your business to grow you personally must grow and by doing so you will discover strengths within yourself you never before. I found EFT (tapping) sessions incredible for this. The support of my amazing husband and family was also fundamental.

WELLNESS ADVOCATE Q&A

What other insights, or tips can you share with other Wellness Advocates starting out?

Don't be afraid and don't stand in the way of your own success. Remember the reason you started on this journey and always reflect on this as you grow, as it will keep you motivated and inspired.

Always have faith in yourself, believe that anything is possible and put your heart and soul into it. Have regular contact with your mentors, uplines and builders to ensure everyone feels well supported and on the same page. Never lose sight of the big picture.

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dōTERRA have given us such an amazing opportunity to enhance the lives of others by empowering them to take control of their health and wellness. What an incredible gift that is. Go out there and share and teach passionately.

How do you stay motivated?

I honestly don't struggle with motivation. When I am exposed to something that I feel deeply passionate about I go all in. The incredible satisfaction and genuine happiness I feel when sharing these amazing products and the lives that I see changed by their exposure just fuels me even more.

Diamond Club is such an amazing opportunity for anyone wanting to fast track the growth in their business and support their leaders to also grow. With the huge momentum it brings, it is

difficult not to be motivated and passionate. It is also assisting me with going for Gold rank this month which I am incredibly excited about. I am so deeply grateful for all of the experiences and opportunities dōTERRA has provided me with so far. The most recent being the Australia and New Zealand Incentive Trip. Being able to spend that week with the most caring and passionate people in the world was incredibly uplifting and inspiring. I felt so honoured to be surrounded by so many wonderful people who share the same vision and have the opportunity to share it with my husband.

The peace, tranquility and genuine satisfaction experienced was something I will never forget.



What's your favourite product (or top 2 or 3) and how do you work this into your day / week?

Frankincense has been incredibly supportive for me both emotionally and physically. My life is so amazingly busy so the comfort I gain every time I use this oil is fabulous. The woody, earthy aroma has been essential in promoting calmness and balance in my life. I always start and end my day with a drop or two under my tongue. It is also fabulous diffused with Lavender Peace and Wild Orange.

ERIN BLOTT SILVER



The first time I experienced the sweet and uplifting aroma of Douglas Fir I fell in love.

The incredible beta-pinene allows your lungs to fully inhale and experience the purity of Douglas Fir. I love to diffuse Douglas Fir with Wild orange, Grapefruit or Purify and I also apply onto my chest prior to sport or exercise to promote clear airways.



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